Total Girl

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SQUAD GOALS
FIND YOUR TG TRIBE

Barbie's World

FROM DOLL TO REAL-LIFE ICON

POSTER POWER!

SWIFT STYLE
+ WHAT'S YOUR TAY TAY IQ?

VIBES 4 DAYS
FOUR BARBIE inspired TG LOOKS!

Issue 254

September 2023 AU $8.99 NZ $8.99 (Inc GST)

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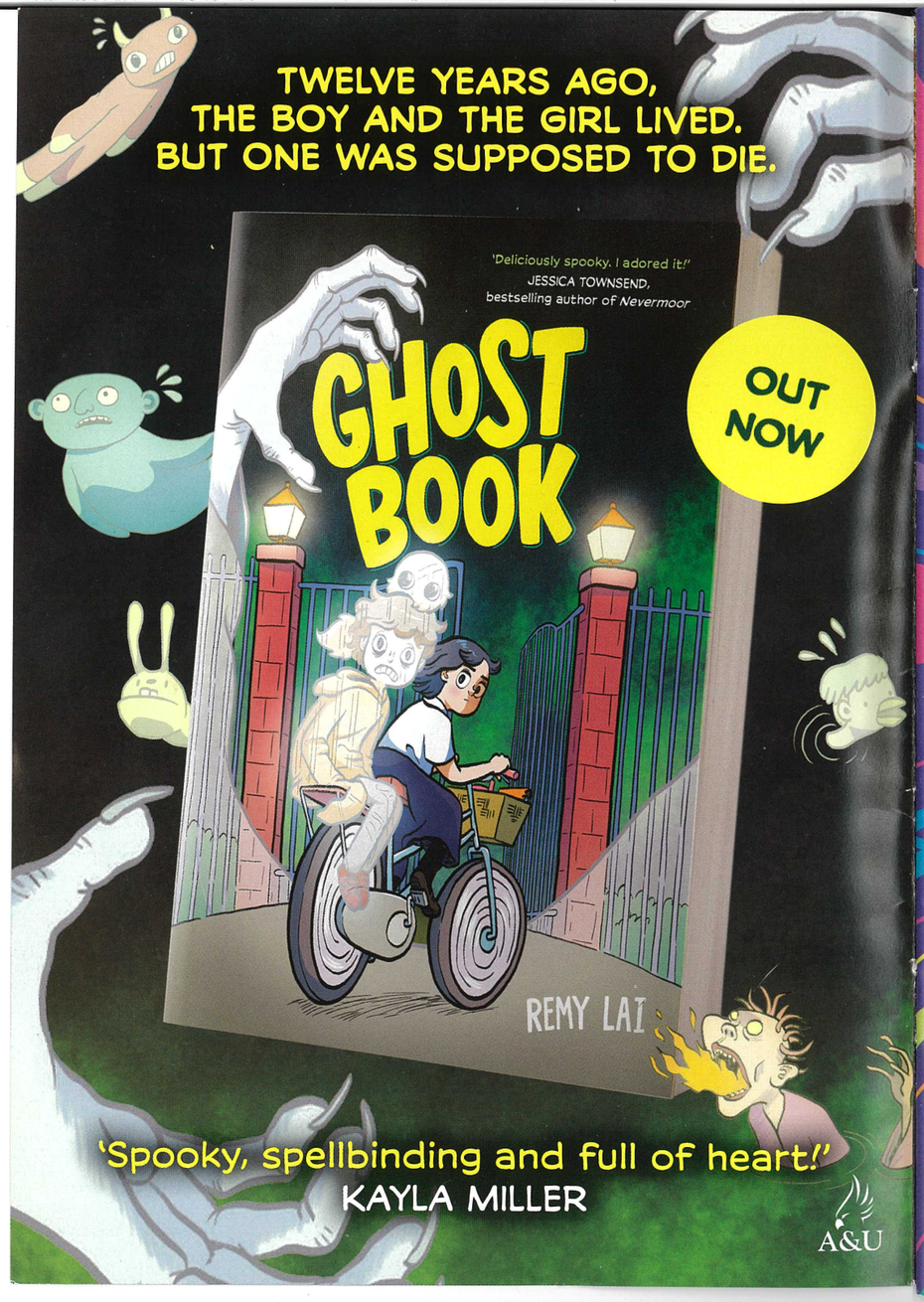

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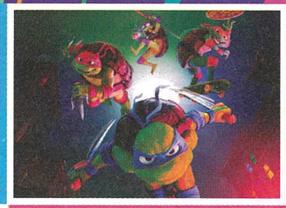

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Total Girl HQ!

Where dreams come true!

This month... **WE SAY FAREWELL TO TG'S ROSIE!**

Awww my first reader drawing, by **TG** reader Meg back in 2019!

Hey TGs!
I have some HUGE news, it's true, this is my last issue as editor of **Total Girl**. One reader recently commented on the **TG** website saying she "gets soooo sad when someone leaves" and yes girl, I agree! Why? Because we are one big **TG** fam with readers across Australia, NZ and all around the world. We are the #**TG**Squad! **TG** readers are amazing, smart, strong, brave, talented and unique. I know this because I read every single one of your lovely letters and emails. It's you, **TG**s, that make this mag amazing. You inspire me and I hope I have inspired you along the way.

I've dreamt of being the **Total Girl** editor ever since I picked up my first **TG** mag, so these past five years have been an absolute dream come true. While I'm off to an exciting new chapter, I'm going to miss you all so much, and I'm sure the new **TG** editor will put as much heart and soul into these issues as I have. You're going to LOVE them!

So dream big, **TG**s, you never know where your dreams may take you.

XO Rosie

The first real **TG** cover I ever made!

The first **TG** I ever worked on!

The first '**TG** cover' I ever made (back in 2005!)

11-year-old Rosie reading **Total Girl**. Big Rosie reading the same mag as editor!

This **Total Girl** mag belongs to

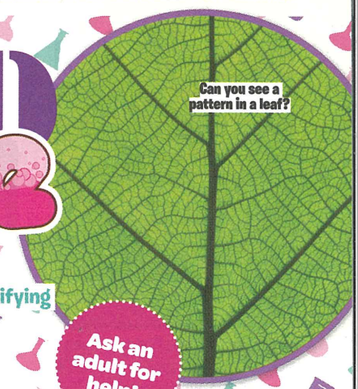
.....

.....

.....

Totally You

WICKED Science



Can you see a pattern in a leaf?

Celebrate Science Week and make your very own magnifying glass with a recycled bottle and a bit of water!

Ask an adult for help!

What you need
- ★ Empty, clean see-through plastic bottle
- ★ Felt-tip pen
- ★ Scissors
- ★ Water

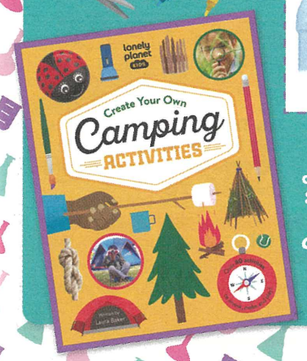
What to do

Step 1 Draw a circle on the curved neck of the bottle.

Step 2 Ask an adult to help you carefully cut out the circle. It will curve up into a shallow bowl-shaped disc once it's cut out.

Step 3 Place the disc on a flat surface with its curved edges facing upwards. Add a few drops of water into the centre of the disc.

Step 4 Hold the disc above an item that you want to see up close. You should notice that the item looks bigger through your magnifying glass!



For more fun outdoor activities, games, crafts and tips check out *Create Your Own Camping Activities* by Lonely Planet Kids, $24.99

What a butterfly wing looks like up close!

How many spots can you count on a lady bug?

GIRL Talk

TG messages that make us bloom!

Hi TG,
My name is Audrey and I love your mags. The last two Christmasses, my grandparents gave me a subscription, which meant I'd never miss an issue! #Best Christmas present EVER! I have a dog named Molly and she is so cute! My favourite celebrity is Taylor Swift because she is so talented! It would mean so much if I could be in your mag.
Love your 1# fan Audrey

Dear Audrey
More **TG** fun for you, YAY! Molly's sah cute!!! Thanks for sharing!
Love, Team TG x

Hi Total Girl,
I'm Scarlett. I got my first mag for Christmas and I love Totally Embarrassing. I love the colour red and video games. I also really love Squishmallows. My favourite things to do are art and dancing. I have

been entering all the competitions I know. Fingers crossed I win.
Love your new fan, Scarlett

Hey Scarlett
Welcome to **TG**! We're crossing our fingers for you too, good luck!
Love, Team TG x

Hi TG,
My name is Lily. I love the show *Wednesday* and my 2 favourite singers are Ed Sheeran and Taylor Swift. My favourite colour is blue and my 2 favourite foods are tacos and dumplings.
Love, Lily

Hi Lily,
Hope you're just as excited for *Wednesday* Season 2 as we are!
Love, Team TG x

Hey TG!
I'm Taylor from NZ. I've been collecting your mags on and off since 2017! I currently have 17 issues. I have three cats and love makeup and animals. I am a HUGE Taylor Swift fan and every time I see her on your cover I quickly grab it! I also love YouTube and collecting Funko Pops!
Love you guys. From Taylor

Hey Taylor
You'll love the Tay Tay content in **TG** in the lead up to her concert!
Love, Team TG x

Send your artwork and letters to:
TG Girl Talk, Locked Bag 5555, St Leonards NSW 1590
OR email **totalgirl**@nextmedia.com.au with the subject line 'Girl Talk'.
Include your postal address just in case you win a prize!

COMPILED BY JESSICA MAHER

Ask me anything

EACH MONTH SOMEONE AT TG WILL ANSWER ALL YOUR BIG QUESTIONS!

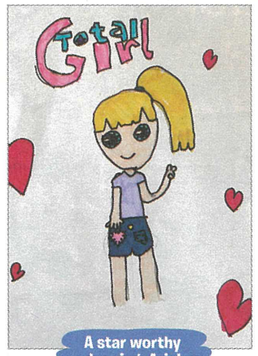
Q What's your fav flower and how does it represent your personality?
- TG reader Isla
I'd say water lilies (it's my birth flower, LOL!). But also coz they grow in water, that's hard! So I defs think I'm just as strong as them.
- TG's Avani

EMAIL YOUR QUESTIONS TO:
totalgirl@nextmedia.com.au

WIN STUFF!

Yay! Letters and art published in this issue's Girl Talk have won a copy of ***Create Your Own Camping Activities*** by Lonely Planet Kids! With guides and games to entertain the whole family plus ideas for rainy days and tonnes of things to do outside. Out now!

Creative CORNER



A star worthy drawing, Aria!

OMG, Lily! Your watermelon looks sah real!

Dragon-tastic drawings, Layla. They look just like the book covers.

Your masterpiece makes team **TG** feel so happy, Eva!

SEPTEMBER

Flip

Spring into some sunshine-filled weather this month!

WRITE IN YOUR IMPORTANT DATES!

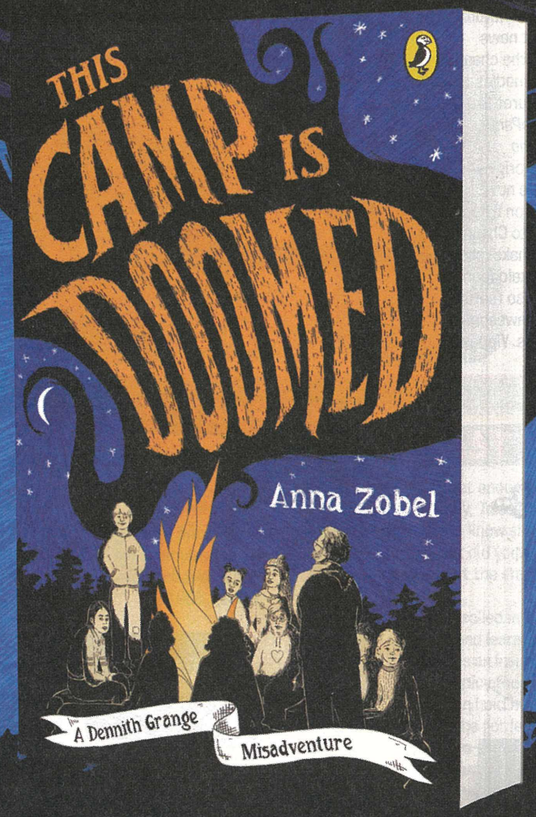
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GET A B'DAY SHOUT-OUT! Email to tagirl.com.au with the subject line TG birthdays. Include your name and birthday!					1 OMTG! It's Z's birthday!	2
3 Grab your bestie, September is Friendship Month.	4 Eat an Extra Dessert Day! Bon appetite!	5 Donate old toys on International Charity Day!	6 Hey bookworms, it's National Read a Book Day!	7 Superhuman Day – it's your time to shine!	8 Think Pink coz it's her b'day.	9
10 Happy b'day to the Matilda's Sam Kerr!	11 Celebrating a birthday? You're a Virgo!	12 BTS's RM celebrates his birthday today.	13 B'day wishes to Niall Horan!	14	15	16 It's Nick Jonas' birthday, comicks!
17 The aster and morning glories are this month's b'day flowers.	18	19 Arrrrgh! It be Talk Like A Pirate Day	20 September's birthstone is the stunning sapphire!	21	22 It's National Hobbit Day for all the Lord of the Rings fans!	23
24 Happy b'day to all the Libra TGs!	25 World Dream Day!	26	27 Jenna Ortega blows out her candles today!	28 It's Momona's birthday today!	29	30 Dancing for Maddie Z's b'day!

PHOTOGRAPHY LIVE NATION, UNIVERSAL MUSIC AUSTRALIA, PAMELA LITTKY, NEW LINE CINEMA, GETTY

CALENDAR CUT-OUTS ♥ CALENDAR CUT-OUTS ♥ CALENDAR CUT-OUTS ♥ CALENDAR CUT-OUTS ♥ CALENDAR CUT-OUTS ♥ CALEND

Start my DIY PROJECT · Mom's birthday! · Mo's birthday! · CLEAN MY ROOM · BE GREEN · BE GREEN · Homework due · Homework due · Chat with my bestie · Play with MY PET · Play with MY PET · READ Girl · READ Girl · MOVIE marathon

A RUN-DOWN CAMP IN THE WOODS.
NO PHONE RECEPTION.
TEN STUDENTS WITH UNTESTED POWERS . . .



Available in all good bookstores now.

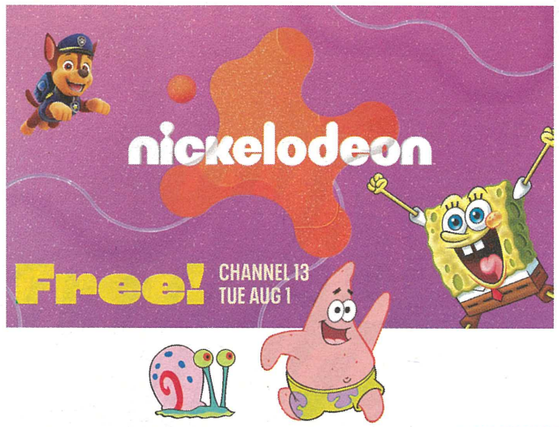
puffin.com.au

Totally Now

Cool stuff we're obsessed with this very second.

NICK NEWS

Get the green slime ready, some of your fave shows are now available to watch for free! Yep, Great news Nickelodeon fans, the channel home to iconic comedies and action-adventures like *SpongeBob SquarePants*, *The Loud House*, *The Thundermans*, the original *iCarly* and more are now available to watch on free-to-air TV. Just tune into Channel 13 (previously 10 Shake) and catch the new Nickelodeon channel that will also feature talk shows and an awesome selection of movies. Yippee!



WE HEART IT

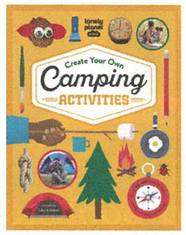
Four faves this month

Supporting...

The FIFA Women's World Cup with H&M Kids' new jersey collection!

Creating...

Our own camping activities thanks to this cool new book by Lonely Planet Kids, $24.99.

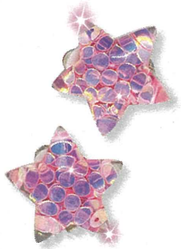


Solving...

Riddles and challenges with the Jumanji the Game: Wooden Box Edition, $39.99.

Waiting...

For the next issue of **TG**, to score your FREE pair of Twinkly Star earrings. See page 75!



PIXEL PET

Dreaming of a pet but can't get it past Mum and Dad? You can now get your hands on a virtual 3D pet! Bitzees are digital pets that you can really touch. Like a real pet, it needs love and care to grow – and like a Pokémon, you can watch it evolve! Feed them, rock them to sleep, clean up after their poop (LOL!) and play unique games. There are 15 toy pets in one pod to collect, including a puppy, hedgehog, Mercat and even a unicorn. Sounds epic!

PHOTOGRAPHY ERIC CHARBONNEAU/WARNER BROS. PICTURES

FAST FIVE

We can't get enough of Barbie's leading lady, Aussie actress Margot Robbie. We know she makes the perf Barbie, but did you know these five facts about the starlet?

- She enrolled in circus school at age eight and learnt how to trapeze!
- She has an insanely high tolerance to eating spicy food. Pass the chilli!
- She can hold her breath for five minutes (she got lessons from a master free-diver).
- She wanted to be a magician when she was younger. Imagine: Margot the Magnificent!
- She still has a stuffed toy bunny from her childhood. Naww, cute!

Totally EMBARRASSING

Mess ups, mistakes and mix-ups, these TG readers have experienced it all.

BLUSH-O-METER

How bad is that blush? Circle the rating you think applies!

You'll get over it: Disguise for a day

Erm... kinda bad: Wig for a week

Uh oh, You might want to wear this: Mask for a month

TG's BLUSH of the MONTH

Hide and Creek

Once, my cousin and I were playing hide and seek at a park. I saw a big stretch of grass and thought I'd run over it to get to the other side. It turns out that the grass was actually pond scum, and I fell into a grimy pond! Then my uncle had to get me out and I had to walk all the way to the car wrapped in a tarpaulin! It was sooo embarrassing, people were staring at me!

Thea

Got an embarro story to share?

Email **totalgirl**@nextmedia.com.au with the subject line 'Totally Embarrassing'.

OMG!

WOW!

Help yourself

I was on a flight and I was walking back to my seat after going to the toilet. I sat down, but my bag wasn't there so I thought my mum moved it. The food arrived and it wasn't what I ordered but it was delicious! I was halfway in and a boy my age came and stopped by my seat and literally screamed at the top of his lungs. The flight attendants escorted me away to another seat and that's when I realised I was in *his* seat! Everyone was looking at me for the rest of the flight! So embarrassing!

Chloe

The school's new turtle

I was walking to school and noticed my undone shoelace. I put my foot up on mum's knee so she could tie it. My bag was really heavy that day so before I knew it, I toppled backwards and I was lying on the ground like a turtle! My mum burst out laughing. Other kids saw me on the ground and gave me weird looks. The worst thing was, the lollipop lady saw and she even chuckled to herself as I went to cross the crossing!

Chloe

S.O.S BFF

In year one, I got lost on the playground. I was looking for my friend and ended up tapping the wrong person on the back thinking it was her. But it was a completely different person and it was totally embarrassing! But now that person is my best friend. LOL!

Georgia

Curling crisis

I tried curling my hair with a hair curling brush and it got stuck. I told my mum and she took a pic to send to everyone. OM**TG**!!!

Anonymous

Laughable labelling

It was the first day of school and we were labelling our books and papers. I accidentally picked up my crush's book and wrote my name on it! Even worse... he didn't know that it was his book so the teacher told him off for not having it! And it was all my fault!

Ava

Gourmet gas

I was out with my family at a fancy restaurant for dinner. When the waitress came over to take our order, my brother let out the biggest, most disgusting burp ever! OM**TG**, I nearly died of embarrassment and the waitress looked horrified.

Vivie

TG's Rosie

"Back when I was at school, I was in a public speaking comp and I was feeling pretty confident so I didn't use my palm cards. I was halfway through my speech when I had a MEGA mind blank. I completely froze on stage in front of everyone! It was the most awkward silence ever. My dad even got it on video!"

Rhyme away

When someone who was away got called for an award at assembly, kids in their class yelled 'AWAY!'. Someone in my class was away and they got called, so I screamed 'AWAY!' just for someone to walk up. Turns out that they called a name that rhymed. SO EMBARRO!!!

Zoe

Brush blush

I competed in a painting contest. They announced first place and I stood up, flipping my hair. I went on stage but I saw another girl already there. The lady ask "Why are YOU here?", I didn't say anything and my cheeks were turning red! Turns out she called someone else's name! I just wanted to go home after that!

Regina

Stargazing

Spotted: your fave stars! Here's where they've been snapped recently...

ICYMI, **Blackpink's Lisa** was spotted all the way in sunny WA while on tour in Australia. She told fans she really wanted to see a quokka, so flew to Rottnest Island while on break to take a famous quokka selfie. "Such a long trip to see you in person bro," she captioned the photo. CUTE!

Congratulations to ***Baby-Sitters Club*** Star **Shay Rudolph** (who played Stacey McGill on the hit series). The TV star has officially graduated high school and shared these fun snaps, saying, "That's a wrap on high school!!!" How cool is that graduation cap!

#SisterSquad **Selena Gomez** shares a giant croissant with her li'l sis **Gracie**. "Thank you, Paris for being a home to me for two months! I loved every moment," said Selly. Not gonna lie, that croissant looks YUM!

Snap happy! **Halle Bailey** shared some fun behind the scenes photos from filming Disney's ***The Little Mermaid***! **Jonah Hauer-King** wearing a Little Mermaid towel is everything! We love the little tie in. And there's Halle Bailey with her stunt double Ariel, SO cool!

PHOTOGRAPHY: INSTRAGRAM.COM/LALALISA_M, @SHAYRUDOLPH, @SELENAGOMEZ, @DISNEYLITTLEMERMAID, @HALLEBAILEY

MADDY MARA

itty bitty Kitty

Book 3 out 29 August!

Everybody's favourite kitty is back in three new epic adventures!

Three books in one!

affirm press

MAKE OVER YOUR Squishy!

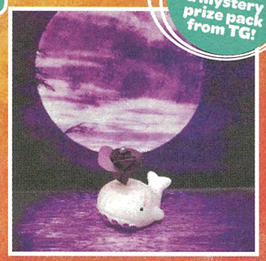
Remember the Whale Squishy makeover competition from the May issue? Check out some of the fin-tastic entries sent in by you - our readers!

MAJOR WINNERS

These 3 TGs have won a mystery prize pack from TG!

By Violet, NSW
"Ahoy mateys! Meet Wendy the Wild Explorer Whale. She loves to explore the seven seas and hunting for treasure and jewels to bejewel her fab hat!" We love this, Violet! What a creative and dazzling hat.

By Natalie, WA
"My whale squishy is called Violet. She's an ice cream! On her, she has a bunch of sprinkles and sparkly purple hundreds and thousands." Awesome ice cream squishy, Natalie! Thinking outside the box!



By Sydney, Tas
"I made a purple dream whale! I coloured him lilac, with swirls. I used washi tape for baleen. For his spout, I made a rose." This squishy is a total dream, Sydney! LOVE the rose, so creative, so majestic!

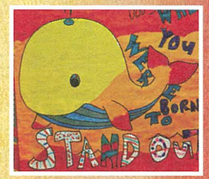
SPECIAL MENTIONS

BY BRONTE, NSW
"HERE'S WHALER SWIFT!"

BY MILA, NZ
"MY BUDDY, TINKER-WHALE!"

BY ELLIE, NZ
A DIAMANTE SQUISHY HOUSE!

BY MEG, TAS
TG'S LUCKY SOCKS INSPO-ED!



BY JADE, NZ
"BORN TO STANDOUT!"

BY LAYLA, WA
SPARKLING, SKATING SQUISHY!

BY PAYTON, VIC
"WINSTON THE WHALE!"

BY ALIVIA, NSW
BEAUTIFUL DESIGN, ALIVIA!

Totally Entertaining

For older TGs

Haunted Mansion

Look alive, foolish mortals! The comically creepy movie based on the classic Disney ride is here, including a hauntingly all-star cast. Step inside the creaky doors of the *Haunted Mansion* and follow the spooky tale of Gabbie and her son Travis who find their home to be haunted by supernatural squatters! They enlist an odd crew of so-called spiritual experts to help them banish the ghosts who haunt their halls - and have no intention of leaving. But beware, this movie is SPOOKY, so if you don't like the idea of ghosts jumping at you on screen, maybe this haunted home is not for you.

***Haunted Mansion* is in cinemas August 31!**

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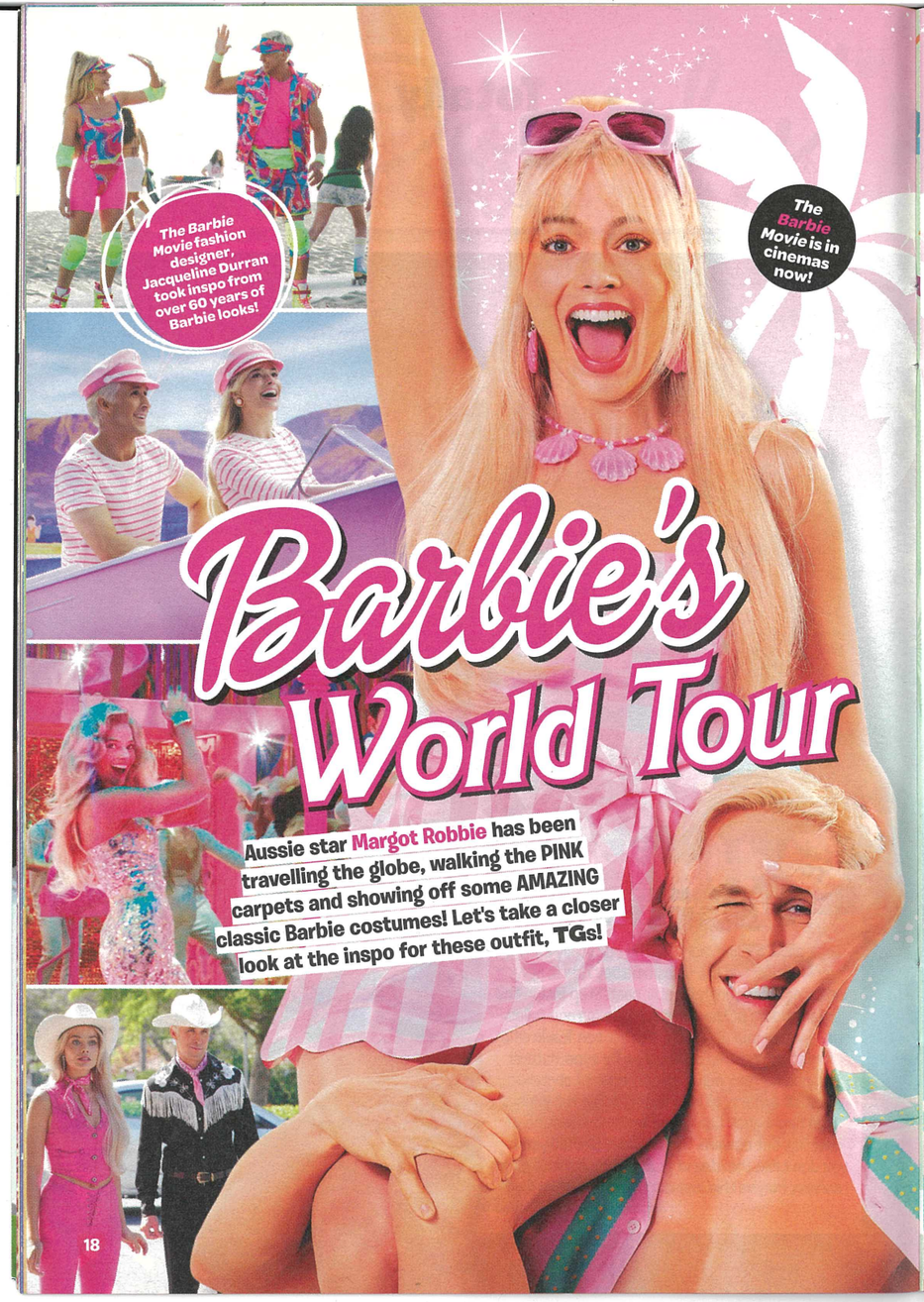


The Barbie Movie fashion designer, Jacqueline Durran took inspo from over 60 years of Barbie looks!

The Barbie Movie is in cinemas now!

Barbie's World Tour

Aussie star Margot Robbie has been travelling the globe, walking the PINK carpets and showing off some AMAZING classic Barbie costumes! Let's take a closer look at the inspo for these outfit, TGs!

Pink carpet looks from the Barbie-verse!

This look was inspired by 'Solo in the Spotlight' Barbie from 1960.

This vibe is from 1992's 'Totally Hair' Barbie where you could style Barbie's hairdo!

1964's 'Sparkling Pink' Barbie got a twist with a hot pink crop top and skirt.

Maybe our fave Barbie name of all, TGs! This is 'Pink and Fabulous' Barbie from 2015!

For older TGs

Barbie BTS

If you take a closer look during the movie, you might notice Barbie's outfits change over time! Barbie star Margot Robbie said "...my Barbie begins in this very controlled, safe existence, so her outfits are controlled, with clean lines, a lot of structure and strong colors. As she evolves through the story, that begins to change in her wardrobe as well, and she becomes softer."

Did you know?

Barbie's full name is Barbara Millicent Roberts

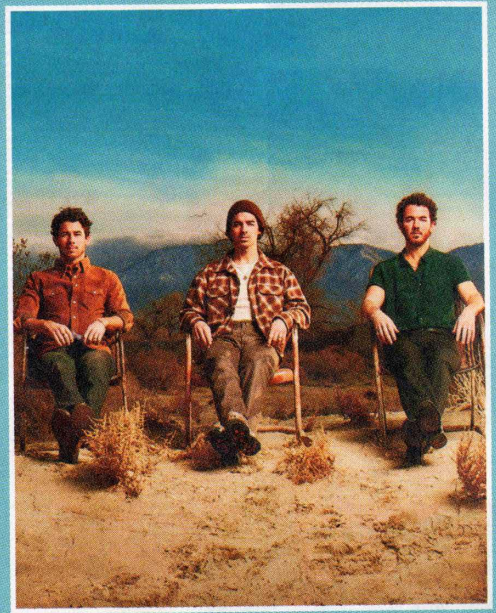
Barbie's BFF is named Midge and her little sister is called Skipper

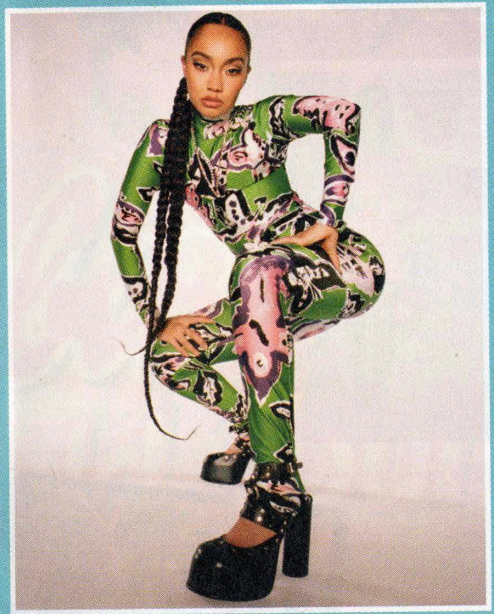
Barbie has been an airline pilot, astronaut and even run for President of the United States

PHOTOGRAPHY WARNER BROS.ENTERTAINMENT INC., GETTY, INSTAGRAM

FRESH RIGHT NOW

LISTEN UP!





'The Album'
The Jonas Brothers

It honestly took a 'Miracle' to be patient and wait this long for the Jo Bros' new album – literally called The Album. It really is a true masterpiece and the trio can't help but feel so proud, saying 'The journey this record has taken us on has been a one of a kind experience and finally getting to share these songs with you means the world to us.' So sweet! Just like a 'Waffle House' (you'll get it when you see the track list, LOL). The harmonies and iconic showcase of their guitar skills show the mature side of these legendary bros. and it's safe to say we think the trio have never sounded better.

Out now! Your rating out of 5 stars _____

'Don't Say Love'
Leigh-Anne

Sorry, but we HAVE GOT TO say 'love' when we say that we absolutely love Leigh-Anne's debut single 'Don't Say Love.' Her little mix is all about no longer finding validation from others and finding confidence and self worth within herself. Saying she often felt misunderstood and misheard (despite her smooth vocals and high energy throughout her whole career) the talented artist really shows a side of her that we've never seen before on this song. We're so glad she was ready to finally share it. It just goes to show that with time, you realise that you just need 'something that's real'.

Out now! Your rating out of 5 stars _____

PHOTOGRAPHY UNIVERSAL MUSIC AUSTRALIA, WARNER RECORDS, PARAMOUNT+, PICTURES, DISNEY+, NINTENDO

SCREEN TIME!

Big Nate Season 2

Where is Nate? He's right here, and back for a second season! Based on the popular book series comes our fave rule breaker and band of trouble makers with all new mishaps and mayhem. The animations are seriously rad too – this season is looking to be bolder, funnier and all out excitement.

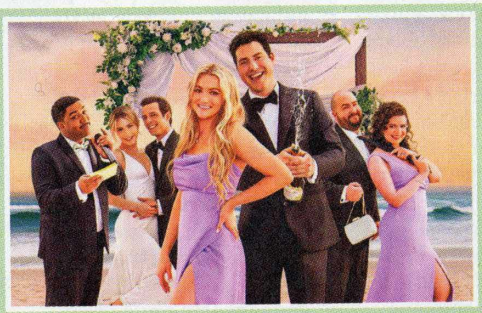
Streaming now on Paramount +

AHSOKA

New beginnings, power, conflict: it's what sums up every *Star Wars* show and film. After the fall of the Empire, former Jedi Knight, Ahsoka Tano investigates an emerging threat to a vulnerable galaxy. As one of the last remaining Jedi warriors, it's time for her and others to begin again.

Out August 23 on Disney+

AT THE MOVIES!



Zoey 102

It's been 15 years and she still looks good today. A movie that continues the story of one of Nickelodeon's most iconic T.V shows – *Zoey 101!* The kids are all grown up and adult life is a lot more messy than high school, especially when you're basically having a high school reunion at your bestie's wedding. Join the gang one last time for the ultimate nostalgic throwback!

Streaming now on Paramount+

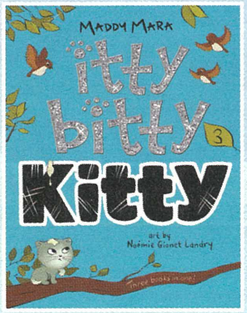
LET'S PLAY!

Little Friend: Puppy Island

Welcome to puppy paradise! With nine uniquely adorable puppy breeds to befriend, show your pawesome pals some love! Take your fury friends on a long relaxing walk as you explore every nook and cranny of the island – don't forget to bathe, feed and play with your pups too! Unlock hundreds of clothes and accessories along the way to let your doggo strut with style as they dig up undiscovered treasures. With tonnes of place to explore (we absoluetly LOVED the sandy beaches), this is the paw-fect game - grab your real cuddly canine and get relaxing!

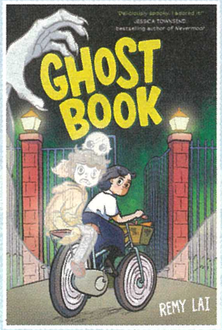
Out now on Nintendo Switch

READING CORNER!



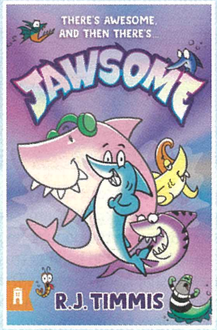
Itty Bitty Kitty
By Maddy Mara

Our fave Itty Bitty Kitty is back in her third book. It's no surprise that Itty Bitty STILL doesn't like being called cute. After all, she loves leaping on leaves and climbing trees just like a tiger! She's sharpened her claws about all the cat laws, but her family... not so much. Playing when the moon is full? It's the rules! Not to mention that cats ARE NOT clumsy, LOL! With three more cat-tacular adventures, join Itty Bitty as she makes her own rules for life.



Ghost Book
By Remy Lai

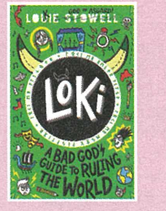
Boo! Did we scare you? Well, this insane graphic novel will.... or seriously impress you. You'll be even more impressed by July Chen, the ghost seeing gal. But... she pretends not to because her dad says they aren't real. After saving a 'ghost' from being devoured by a Hunger Ghost, he becomes her first ever friend and the two pals embark on an adventure to save his life (from going into the afterlife). All while it's peak Hunger Ghost Month!



Jawsome
By R.J Timmis

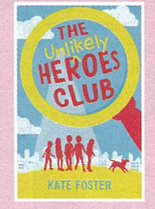
Dun dun, dun dun! That sound means....sharks! Who by day are just regular shark kids, and by night are the super-famous rock band JAWSOME? What??!! They've broken records, released killer albums and got 600 krillion fans. They've got it all! Except for their lead singer, who mysteriously quits the band. Hmmm, fishy. Get to the bottom of these shady shark-nanigans with Finley and friends through two chunky stories and LOL worthy illos.

HEROIC READS WE LOVE



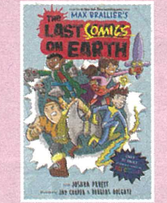
Loki: A Bad God's Guide to Ruling the World

Loki's back! Revealing all his mischievous schemes for world domination!



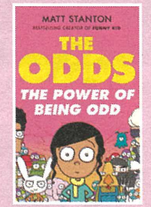
The Unlikely Heroes Club

It'll take bravery and few broken rules for these heroes to save the day!



The Last Comic on Earth

(Not really!) Writing their own comic is the next big thing for these kids.

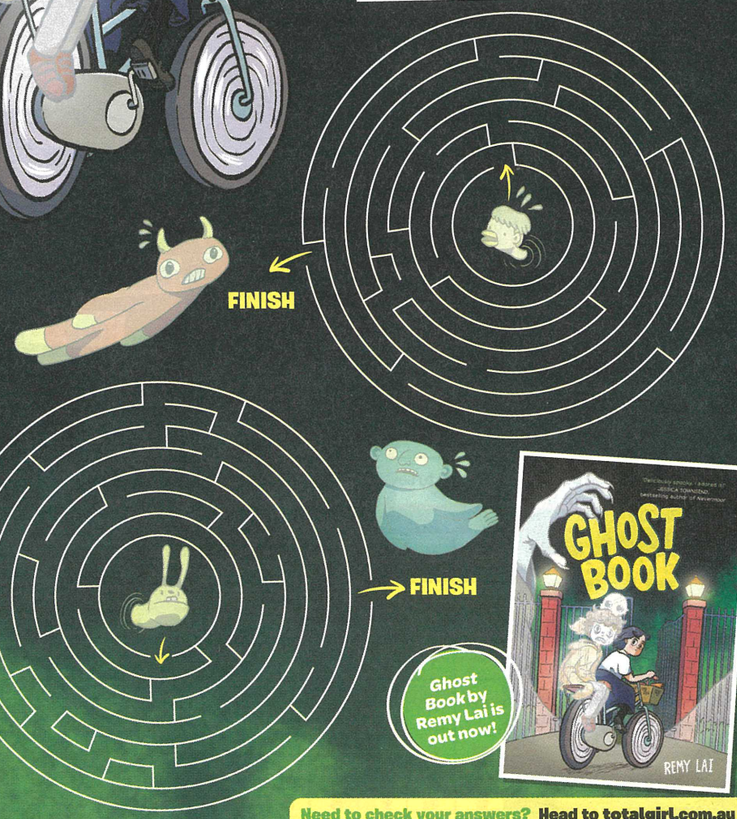


The Odds: The Power of Being Odd

Discover the power of imagination with Kip and the Odds in Kip's Imaginatorium.

GHOST race

Can you help July and William escape the ghosts and race to the gates of the Underworld to save them both?



Ghost Book by Remy Lai is out now!

Need to check your answers? Head to totalgirl.com.au

TURTLE POWER

Teenage Mutant Ninja Turtles: Mutant Mayhem is in cinemas September 7!

Can you solve these super hero mysteries? Cowabunga!

Mutant match

Guess the plot of this action-packed new movie.
Use the words below to fill in the blanks!

Meet Leonardo, Raphael, Donatello and Michelangelo - four _____ **LOVING** _____bros who just want to be accepted in the _____ world. After years of being shunned to a life in the _____, they set out to win the hearts of New Yorkers for a chance to live a normal teenage life.

Well, there is one way to do this, by becoming a new generation of _____! They mask up and team up with their new friend _____ who helps them take on a mysterious crime syndicate. But soon, they are faced with an _____ of _____ who are unleashed upon them in an epic race to save _____!

Word bank

EARTH
HUMAN
MUTANTS
ARMY
TURTLE
PIZZA
HEROES
APRIL
SEWERS

Mayhem message

The Teenage Ninja Turtles have left a message that's all mixed up. Cross out all the letters that appear more than twice to reveal the secret word!

H	N	D	I	D	B
N	W	F	J	F	B
A	E	S	M	T	H
O	A	H	O	H	E
M	O	M	D	W	R
B	W	E	S	F	M

ANSWER: Ninja Stars

COMPILED BY LOUISE MEERS. IMAGES: PARAMOUNT / NICKELODEON

Team turtle

Follow the steps to make your very own Teenage Mutant Ninja Turtle!

Step 1.
Name yourself after an artist

Pick one!
Picasso
Dali
Van Gogh
Da Vinci
Kahlo
Monet

Step 2.
Put on a bandana

Choose your colour!

Step 3.
Select your skills

Circle two!

- Super strength
- Flexibility
- Mind reading
- Super speed
- Endurance

Step 4.
Grab an accessory

Pick one!

Step 5.
Choose your catchphrase

Select it based on the day you were born!

1st - 10th: Yee-ha!
11th - 20th: Wow-zers!
21st - 31st: Totally awesome!

Now tell us about your character here:

DISNEY PRINCESS - THE CONCERT TOUR

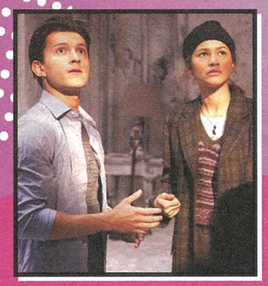
Be our guest and see the musical magic come to life on stage in theatres across Australia. So be prepared NSW, QLD, ACT, VIC, SA and WA coz the true Disney magic of all your fave melodies are all in one show brought together in *Disney Princess - The Concert Tour*. Think: iconic princess power on one giant stage? YASS! Hope online with your 'rents and book your tickets now!

THE ZOMBIES HAVE RISEN!

We're so hyped for *ZOMBIES: The Re-animated Series* shorts! The whole original cast return to their totally accurate animated roles (the animations look so sick – ZOMBIES seal of approval!) with all new adventures and monsters to encounter at Seabrook High. Sometimes, the scariest thing to conquer...is high school! As Milo said, 'be there and be square'. We will!

Snackable!

Spilling and rumour-milling with bite-sized pieces of goss!

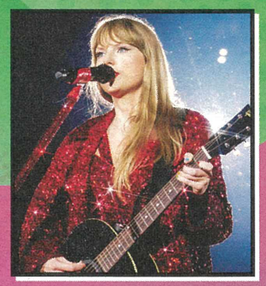


SPIDER-MAN 4

It's confirmed! We are getting a fourth Spider-man movie with Tom Holland and our girl Zendaya! Nothing much has been said yet, (spoiler alert if you haven't seen the last movie), but we really hope MJ and Ned remember Peter again in this film! Stay tuned for more deets.

ANIMATED ARIEL

Aww sharing this coz the artwork is SO CUTE! In 2024, Disney Junior is giving us an animated Ariel series where we go under the sea with young Ariel and other fan-fave characters like Sebastian and even Ursula – and some new fishy friends! Splash, splash!



TAYLOR IN AUS

It's happening **TG** Swifties! Taylor is coming to Australia! OM**TG**! With seven sold out shows across Melbourne and Sydney (soooo if you managed to grab tickets, lucky you!), Tay Tay is fired up and *ready for it*. Keep an eye out for more Taylor features in our upcoming issues!

IMAGES DISNEY CHANNEL, UNIVERSAL MUSIC, SONY/ MARVEL

Get the party started

Dance like no one's watching and shake your way to the top with this cool new game!

Just shake it

Take centre stage, partner up with a friend (or four!) in a vibrant and colourful action game that's tons of fun. It's simple: pick your mode, pick your character, pick your level, then choose your song! Groove to 40 hit songs from your fave stars like Ariana Grande and Miley Cyrus – plus two Sonic the Hedgehog tracks where Sonic even makes an appearance. Your Joy-Con controllers are your maracas (which you can customise, more on this in a sec!). You'll need to move and groove to the rhythm, hitting all the right beats (and poses). The more accurate you are, the higher your score!

Samba de Amigo: Party Central is out August 29 on Nintendo Switch!

Test your technique

Play solo and hit the dance floor with cool minigames and challenges (the workout challenge will have you breaking a sweat. LOL!). Earn points to unlock cool new accessories and 'fits to customise your character in. Don't want to dance with maracas? Upgrade them for laser beams or kebab sticks!

Party Central playlist

Check out just some of the cool songs in the game!

- ★ 'Break Free ft. Zedd' by Ariana Grande
- ★ 'I Really Like You' by Carly Rae Jepsen
- ★ 'I Will Survive (Mix)' by Gloria Gaynor
- ★ 'I Love It' by Icona Pop
- ★ 'Just Dance' by Lady Gaga

TG verdict

"It was soooo much fun, we even unlocked a secret new level in Love Match mode. Score a perfect match with the second player and see what happens!

Now or never

Hey Wildcats! Get ready for the fourth and final season of *High School Musical: The Musical: The Series!*

DID YOU KNOW?

At age 5, Sofia Wylie (a.k.a Gina) won a competition to attend the red-carpet premiere of *High School Musical 3* in real life, long before she even started acting? Talk about a full circle moment!

Senior Year

After an EPIC summer at Camp Shallow Lake (and a successful production of *Frozen*), Ricky, Gina, Courtney and the rest of the Wildcats return to East High to prepare for their upcoming stage production of *High School Musical 3: Senior Year*. But their plans are disrupted when they find out that Disney is filming *High School Musical 4: The Reunion* - right there at the iconic high school! Is this for real?! Are Zac Efron and Vanessa Hudgens (a.k.a THE OG Troy and Gabriella) returning?! Will we see Chad and Monique?! Sahhh many questions, sahhh many songs. We can't wait to tune in and find out!

New Cast

Look out for Kylie Cantrall who will be playing Dani in the new series. Kylie can sing, dance and act so she's defs going to be a triple threat to her fellow Wildcats. What's even more exciting is that Kylie will be playing lead character Red in the new *Descendants* movie. OMG!

Dream Big, Josh!

He may be playing the lead now, but at age eight, when Joshua Bassett auditioned for his local theatre production of HSM, he only landed a background role! Apparently, he was Jock 3. Awww, we're sure you shone in that production, Josh!

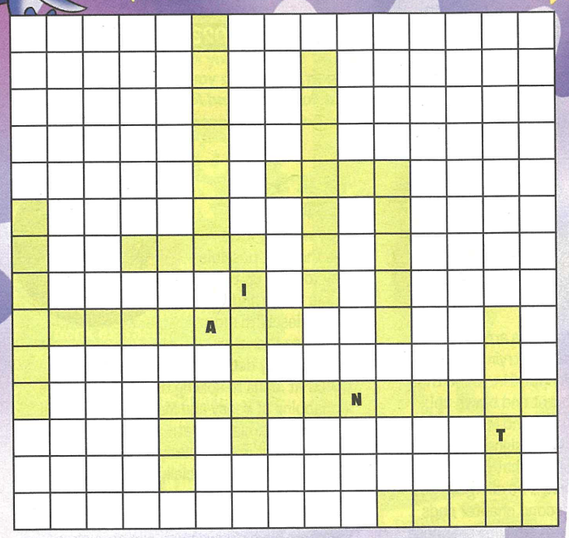
Catch Season 4 on Disney+ now!

IMAGES DISNEY CHANNEL, DISNEY/NATALIE CASS

Totally JAWSOME

They're school kids by day, rock stars by night! Can you help the band by solving this chum-tastic crossword?

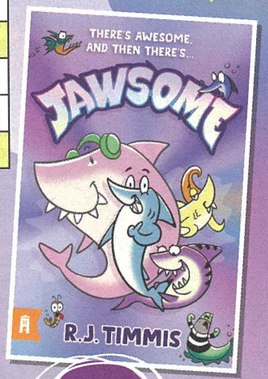
Hint: Start with the word 'sea'.



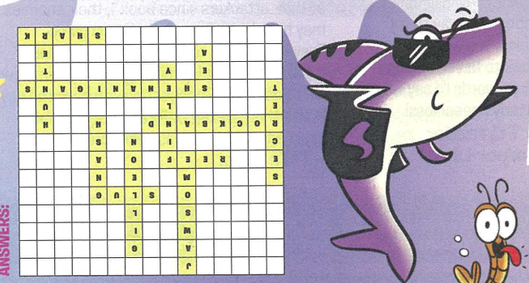
Word bank

Fit each word into the crossword!

- Shark
- Rockband
- Reef
- Finley
- Hunter
- Gnash
- Gilleon
- Jawsome
- Secret
- Sea
- Slug
- Shenanigans



ANSWERS:



Jawsome by R.J. Timmis is out now!

The Total Girl book club

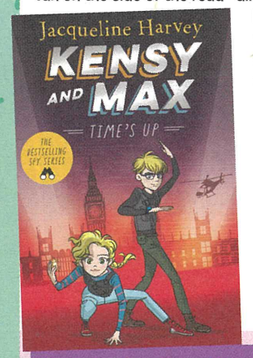
WINNER REVEAL!

Yippee, check out our third amazing winner for the 2023 Book Club!

Tick Tock! Times running out to crack the case! We've seen how much you TG readers loved book 3 of our Book Club from the tons of reviews we got for *Kensy and Max 10: Time's Up* by Jacqueline Harvey. Congratulations Harper-Lily for her masterpiece of a review!

Mind Blowing!

It starts with a game, but that is instantly forgotten when their dad goes missing! You get worried and your heart beat quickens. You instantly scan the rest of the page, waiting in suspense. Until their grandma arrives with news that the two butlers, who where trying to track their dad and the van he was kidnapped in, found the van on the side of the road - all burnt and blown up!



Kensy and Max did their secret signal to each other: that everything would be all right. The second chapter ends with amazing suspense in an utterly insane, impossible way that makes you want the book to NEVER end! In three words I'd say I'm utterly speechless!

- TG reader Harper-Lily

TIME'S-A-TICKING

I spy with my little eye the best possible way to wrap up the iconic *Kensy and Max* spy series. With more suspense than ever before. Every detail in the book could be a clue that leads to solving the mystery of the kidnapping of Kensy and Max's family! This is their biggest mission yet - and it's personal! That means it will definitely be harder to push aside their fears, especially when it's their own family in danger...not to mention that they're up against the clock. Even though the Spencers have always been one step ahead of their attackers since book 1, their enemies may have beat them at their own game. They'll also need to be fast, because Pharos' top agents are going missing, one by one. Now it's all up to the Spencer twins to save the day in this thrill-seeker; before the agency falls apart and their family is gone forever.

- TG's Avani

Congratulations Harper-Lily, you have won a *Kensy and Max: Time's Up* prize pack! (5 copies of the cool new book to share with your friends). For your chance to WIN see the next page!

This month's book...

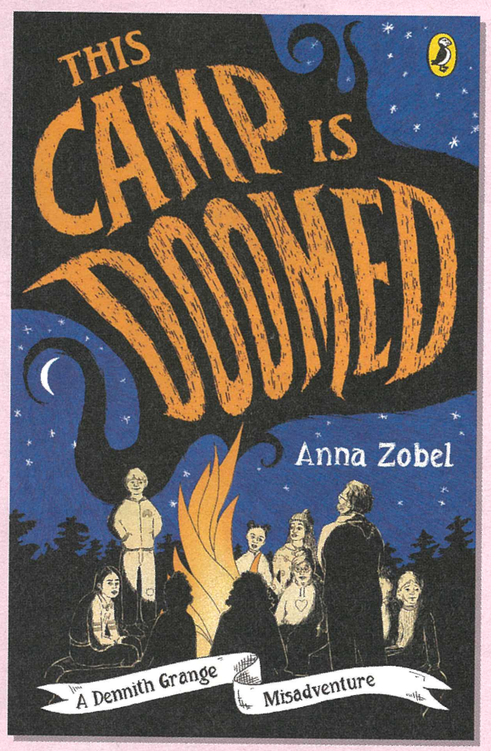
***This Camp Is Doomed* by Anna Zobel**

WIN!

- The chance to be featured in **Total Girl** magazine
- *This Camp Is Doomed* prize pack! (5 copies of the new book to share with your friends!)

HOW TO ENTER

- Head to the comps section at: totalgirl.com.au and download your FREE book extract.
- Write a review: in 150 worlds or less, tell us what you think of the fun new book, *This Camp Is Doomed*
- Upload your review (and email us a photo of yourself if you want to be featured in the mag!).



The best review will be published in the mag for everyone to read. OMTG! The winner will also take home 5 copies of *This Camp Is Doomed* to share with their friends so they can start their own book club!

Entrants must be 16 years of age or younger and have parent/guardian permission to enter. Entry is open to Australian and New Zealand residents. One entry per email address only. Competition opens 14/08/23 09:00 AEST & closes 12/10/23 17:00 AEDT. This is a game of skill, winners judged at Promoter's premises 13/10/23 11:00 AEDT. The judge's decision is final and no further correspondence will be entered into. Winners will be published at www.totalgirl.com.au by 20/10/23. Total prize value up to $84.95. The Promoter is nextmedia Pty Ltd, Locked Bag 5555, St Leonards NSW 1590 (ABN 84 128 806 970). Visit www.totalgirl.com.au for full terms & conditions.

Total Girl

"If there's any definition to being perfect, you're perfect at being yourself." – ZENDAYA

Totally Glam

Never go out of style

Tay's swift style is our mood board for spring!

*Free with Australian newsstand sales of the October 2023 issue of **Total Girl** while stocks last. Free gift correct at time of printing.

Glam zone

Hi TGs!

Ooooh, I am so excited about this month's glam page. Packed with products you can spritz, glide and lather up in – that will make you feel warm, cool and relaxed all at the same time (just like a golden hour in winter!). I felt super luxe testing out Dove's new body wash refill. For size, it's bigger than a **TG** mag – which means more product and less plastic! Can I get a refill, please! I also found these ahh-dorable planters from Kmart that I totally want to add to my bathroom. It's giving 'Zen-tropical-getaway' vibes, I love it!

Love, Rosie xo

SHAY RUDOLPH
Coconut water is packed with potassium, hydration and is perfect in smoothies!

Kmart Craft Makeover soap kit, $12
These stunning crystals are soap, that you can make!

Sportsgirl Beauty 'Wonder' fragrance, $19.95

Sportsgirl Beauty Iced Mould face roller, $12.95
SO cool! Fill the mould with water, freeze and you have your own 30 second ice facial to de-puff and radiate your skin. Just don't use it for longer than 2 minutes coz it is COLD!

GOLDEN GIRL

Glow inside and out with these lux bathroom prods!

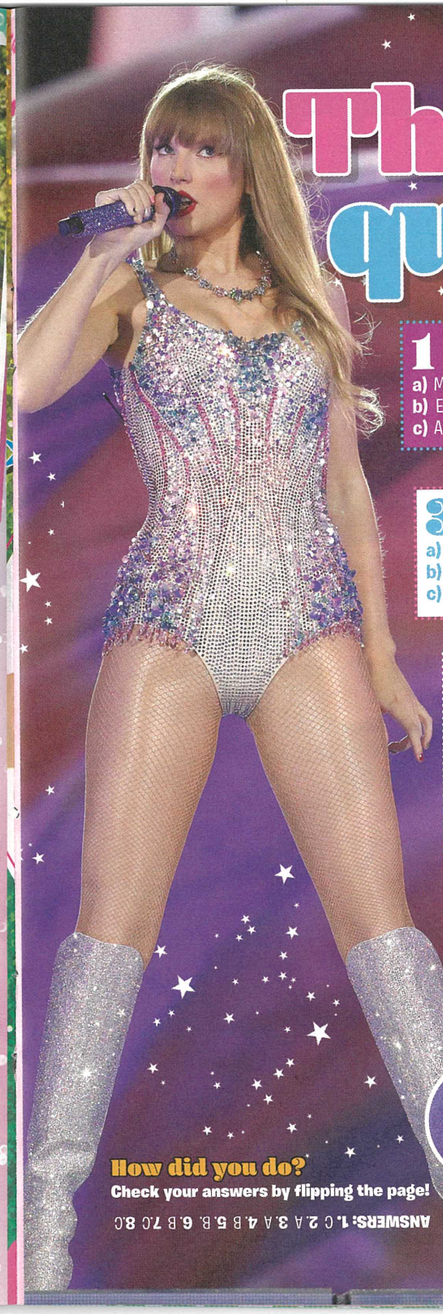
Typo Tiny Shaped planter, $12.99

Dove 1.5L Refill Triple Moisturising body wash pouch, $17

Lip Water in 'Watermelon, 'Liquid Gold, and 'Liquid Lanolin', $23 each

BIG W Scent Message INC. Iced Peach Sorbet body mist, $6.50
In the words of Justin Bieber, *we get our peaches out in Georgia*, and our peach scent body mist from BIG W! LOL!

IMAGES: INSTAGRAM.COM/SHAYRUDOLPH

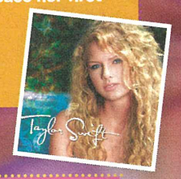


The Swift quiz

The countdown to her Eras tour begins! Be fearless and take the ultimate TS IQ quiz!

1 What is Taylor's middle name?
a) Mary
b) Elizabeth
c) Alison

2 When did she release her first album?
a) 2006
b) 2007
c) 2008



3 What was her first song?
a) 'Tim McGraw'
b) 'Love Story'
c) 'You Belong With Me'

4 Her main genres are...
a) Country and smooth jazz
b) Pop and country
c) Classical and pop

5 Which one of these was Tay Tay's first 1# hit?
a) 'Bad Blood'
b) 'We Are Never Getting Back Together'
c) 'I Knew You Were Trouble'

6 She wears ____ for her 1989 album on tour.
a) Purple 💜
b) Blue 💙
c) Green 💚

7 Gold represents which album?
a) *Lover*
b) *Evermore*
c) *Fearless*

8 Who is Taylor's guest star on her Australian tour?
a) Olivia Rodrigo
b) Lizzo
c) Sabrina Carpenter

How did you do?
Check your answers by flipping the page!

ANSWERS: 1. C 2. A 3. A 4. B 5. B. 6. B 7. C 8. C

Squad style

Now this is a super(natural) squad. The cool thing is, both girls have their own unique style!

Take the quiz and find out if your style is more like Enid or Wednesday!

1 You'd describe your fashion sense as...
a) Colourful and quirky
b) Cool and edgy

2 Fave way to spend free time?
a) Hanging out with friends and exploring new places
b) Solving puzzles or reading books

3 Your perfect pet is most likely?
a) A puppy or fluffy bunny
b) A black cat or snake

4 Fave way to express yourself?
a) Through art or fashion
b) Through music or writing

5 When it comes to having a squad, you...
a) Love being part of a big group!
b) Embrace your individuality and don't mind standing out

Mostly As Enid!

You rock: your colourful and creative sense of self.

Mostly Bs Wednesday!

You rock: a unique sense of style and humour.

PHOTOGRAPHY VLAD CIORLEA / NETFLIX © 2022

PHOTOGRAPHY DISNEY/FRED HAYES

SHAZAM! search

Say his name and find the words!

Find these words!

Billy
Freddy
Anthea
Eugene
Mary
Pedro
Darla
Kalypso
Hespera
Shazam
Unicorn
Wizard

J	K	F	F	Y	R	A	M	E	A	A
N	J	E	M	R	Z	O	U	Q	N	L
B	I	L	L	Y	E	G	R	R	T	R
U	B	E	Z	N	E	D	E	D	H	A
N	E	V	F	N	S	O	D	Y	E	D
I	J	W	E	X	S	H	G	Y	A	P
C	H	E	S	P	E	R	A	O	E	M
O	K	V	Y	B	Q	F	S	Z	D	U
R	S	L	S	T	W	R	Q	C	A	I
N	A	M	Z	I	U	Q	U	B	O	M
K	D	R	A	Z	I	W	V	D	R	X

For older TGs

ANSWERS:

J	K	F	F	Y	R	A	M	E	A	A
N	J	E	M	R	Z	O	U	Q	N	L
B	I	L	L	Y	E	G	R	R	T	R
U	B	E	Z	N	E	D	E	D	H	A
N	E	V	F	N	S	O	D	Y	E	D
I	J	W	E	X	S	H	G	Y	A	P
C	H	E	S	P	E	R	A	O	E	M
O	K	V	Y	B	Q	F	S	Z	D	U
R	S	L	S	T	W	R	Q	C	A	I
N	A	M	Z	I	U	Q	U	B	O	M
K	D	R	A	Z	I	W	V	D	R	X

PHOTOGRAPHY WARNER BROS.

Millie Bobby BROWN

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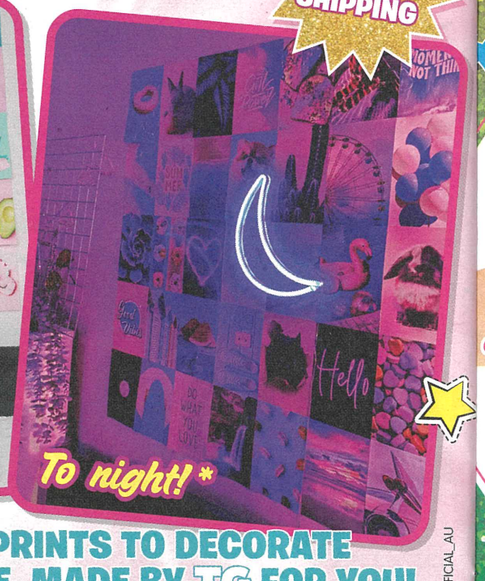


40 BEAUTIFUL PRINTS TO DECORATE YOUR SPACE, MADE BY TG FOR YOU!

Now shipping to New Zealand!

*Example only. Light not included

PHOTOGRAPHY INSTAGRAM.COM/LAYLA_OFFICIAL_AU

Super Squads

The strength of Tia-Clair Toomey

This Aussie athlete and Olympic weightlifter, has secured the title as the 'Fittest Woman on Earth' for six years in a row after winning the gruelling CrossFit Games every year since 2017! The coolest part? She can lift a whopping 178kg!

The musical talent of Taylor Swift

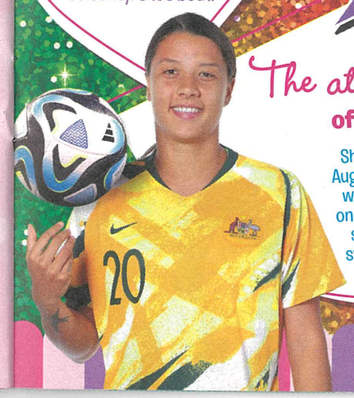
With 12 Grammy Awards, over 200 million records sold, 40 American Music Awards and 98 Guinness World Records, it's no surprise Taylor has been heralded as one of the greatest songwriters and artists of all time.

THE HERO Mash-up

If we could create the ultimate super squad, it would have...

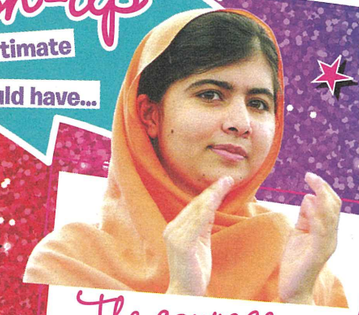
The intelligence of Natalie Portman

The Harvard University grad speaks six languages and says she'd rather be smart than a celebrity. She's both!



The athleticism of Sam Kerr

She was our amazing August cover star, need we say more? Sam is one of the best female soccer players and strikers in the world!



The courage of Malala

The 16-year-old student from Pakistan's efforts fighting for education rights for girls has seen her nominated for a Nobel Peace Prize.

How to be a super friend

Friendship tips from the fiercest superheroes around!

1 Listen up like Supergirl

Supergirl has superhuman hearing – an ability that's very handy in friendship! To be a super friend, make sure your listening skills are 110%. That means being there for your besties when they need advice, have exciting news to share or need someone to vent to. It also means listening to what they're NOT saying or what they might be telling you with their body language, facial expressions or by how they're acting.

2 Make memories like Green Lantern

Having fun together is one of the best parts of having good friends. Whether it's celebrating your birthdays, watching your fave movie for the tenth time or doing a **Total Girl** quiz together, all these big and little moments turn into lasting memories. Sharing these stories can make you feel warm and fuzzy and even give you a big laugh! Pretend you have Green Lantern's ring every now and then and travel back in time together to relive these moments.

3 Sprinkle magic around like Zatanna

Yep, we know you don't have actual magical powers (although wouldn't it be awesome to cast spells like Zatanna?) but you can create magic in everyday life for the people around you. Start with good deeds – help a friend with their homework, write them a note saying what you love about them, or lend them a book you know they'll really like. Not only will they feel on top of the world, but you will too by being so kind and thoughtful. Sounds like magic to us.

4 Use your healing powers like Gamora

Gamora has a very cool healing factor that she can use on herself... But what if you took this amazing ability and used it on your friends? Being able to cheer people up when they're down is an incredible healing power. Knowing what your friends like and what makes them smile means you can instantly turn their frowns upside down.

5 Bring the energy like Captain Marvel

Captain Marvel has a lot of energy – so much that she can fire it from her fingertips. Okay, so you don't need THAT much energy to be a super friend, but being the life of the party when you need to will keep up the fun and good vibes. This might mean organising an activity for the weekend or after school, or a hilarious dance-off at lunch!

6 Be yourself like Batgirl

Just like us, Batgirl doesn't actually have super powers. But, being a regular ol' human can be pretty super. She's enthusiastic, always cheers on her besties, is a solid problem solver and known for being the glue in her friendship group. Just by being herself, she's a wonderful friend. Tap into your best qualities and you will be too.

COMPILED BY LOUISE MEERS IMAGES ©&TM DC COMICS AND WARNER BROS. ENTERTAINMENT INC. © 2017/2023 MARVEL

WHO NEEDS A CREW WHEN YOU'VE GOT... YOU!

OH, AND P.S. *Team TG is always your friend!*

"Help! I DON'T HAVE a squad!"

Girl gangs are awesome and all, but don't let it get you down if you find you're not part of a squad. Having a bunch of friends who come from all different places (one from school, one you play netball with, one who lives down the street) can keep things interesting and be really fun too! Still not convinced? Read on!

NOT HAVING A GROUP IS OK COZ...

1 You can be in ALL THE GROUPS instead!
If you have friends at school in different groups, it means more exciting lunchtimes! One day you could be playing handball, the next chatting with completely diff people. Every day is new and fun!

2 You can put more energy into the great friendships you do have!
OK, so you might have just the one friend. But chances are you guys are super-close! Not having to worry about organising huge group events and parties means more quality time with your bestie.

3 There's less drama!
Harsh reality - the bigger the group, the more potential there is for drama. If it's just you and your BFF, you can talk things over SO much more calmly. Plus, no one will ever be gossiping about the other!

4 You can eventually create your own group!
If you have pals in diff places, you could totally get them all together one day to meet. Next birthday, invite all your mates and who knows, they might all become best friends - now you've got your own squad!

Famous floaters

These three celebs aren't necessarily in girl gangs, but they still have loads of friends.

* ***Katy Perry***
She's never had a full-on girl gang, but rather loads of friends from everywhere.

* ***Dua Lipa***
Who does she hang with? We couldn't answer, probably coz it's everyone!

* ***Ariana Grande***
She always does her own thing, and we heart her for it. Ari is also happy spending time on her own - you should be too.

SQUAD goals

Take this quiz to find your famous crew!

1. Your dream bedroom would...
a) Have a secret tunnel leading to your BFF's house
b) Be dark and moody
c) Have a giant bed and a heart-shaped rug

2. What was the last treat you ate?
a) Ice cream
b) Pizza
c) Lollies

3. Your friends are...
a) Super strong
b) Smart and kind of secretive
c) Sugar, spice and everything nice

4. Name something that really annoys you!
a) When people use too many emojis
b) Someone in a bad mood
c) Being pranked

5. Your teacher says you're trying a new sport this week. You hope it's...
a) Gymnastics
b) Ninjitsu
c) Soccer

6. What's your dream job?
a) Police officer or lawyer
b) Professional athlete
c) Scientist

7. Ahh! It's your bestie's b'day and you totally forgot you need a costume for the party. You go to your wardrobe and quickly grab a...
a) Cape
b) Mask
c) Oversized bow

Mostly As

DC Super Hero Girls

You're strong, you stand up for what's right and know that teamwork makes the dream work. You'd be an amazing addition to the DC Super Hero Girls squad. All that's left to do is come up with a super name...

Mostly Bs

Teenage Mutant Ninja Turtles

Wow! You could turtle-y be the newest Teenage Mutant Ninja Turtle member! You've got all the smarts and sporty skills, heaps of confidence and are happy to keep your city safe even if no one knows it's you doing it!

Mostly Cs

The Powerpuff Girls

A small squad with fam feels would be perf for you. Say hello to your new besties - Blossom, Buttercup and Bubbles. Your squad may be sweet, BUT people know not to mess with you coz you're also really fierce!

COMPILED BY LOUISE MEERS IMAGES © & TM DC COMICS AND WARNER BROS. ENTERTAINMENT INC., CARTOON NETWORK, PARAMOUNT PICTURES

Squads you're in

... without even knowing it.

Guess what? You might be in more groups than you think! If you're in any of the below, you're defs girl-ganging.

The Total Girl crew!

We think you're totes awesome! Your friends at **TG** will ALWAYS be there for you, no matter what. Hit us up at **totalgirl**.com.au and say hi, we looove hearing from you!

Your family!

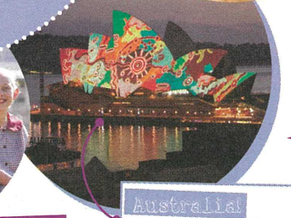
Did you know you were actually born into a squad? Your fam are your original BFFs and will heart you forever. Try to always make time to hang with them - family movie nights are *the best*.

Your class at school!

Yep, every single one of your classmates totally counts as a squad mate. Bonus bonding times at school camp will make you even tighter!

Your after-school club!

If you do drama, art, dance or any other after-school activity on the reg, chances are you do it with like-minded people. If they have the same hobby as you, that means you already have so much to talk about!



Your neighbourhood!

You might not talk to every single person on your street, but you're still part of a little suburban squad. Fingers crossed your block is one that throws fun street parties at Christmas time!

Your sports team!

That bond you form when you win a game? Next-level strong. Girls who play together, stay together.

The canteen line!

When you're chilling in line, you're part of a gang that should be called 'The Hungry Bunch'. Next time you're queuing up, start a convo with the person next to you; they might become your new BFF!

Australia!

Australia is huge (we have more than 25 million people!), but in a way we're all connected. We have to keep our squad quarters clean, so make sure you do your bit for the environment - picking up and recycling rubbish helps a LOT!

Famous friends

Can you work out who these celebs are talking about?

1 "I knew from when I met her, I would always have her back." **Taylor Swift** said this about:

_____

2 "I have long, long, long conversations with her about stuff just because I feel like she's one of the only people that actually truly understands where I'm at." **Ed Sheeran** said this about:

_____

3 "She was immediately one of my best friends... Stepping onto a set like that was thrilling, but quite intimidating as well. She just looked out for me." **Jonah Hauer-King** (a.k.a Prince Eric) said this about:

_____

4 "She's exactly what you want an artist to be... which is yourself." **Harry Styles** said this about:

_____

5 "I think she's just the coolest. I love her, her messaging." **Miley Cyrus** said this about:

_____

6 "I can tell as soon as she walks into the trailer if she's having a bad day." **Sofia Carson** said this about:

_____

Pick the bestie!

Halle Bailey

Dove Cameron

Billie Eilish

Selena Gomez

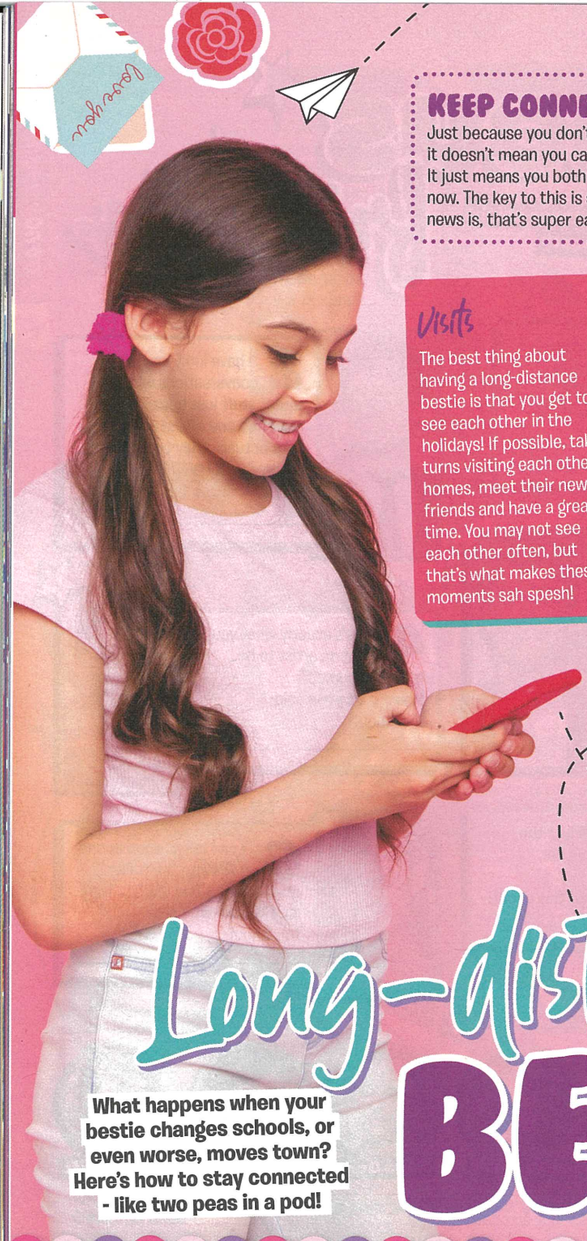
Lizzo

Taylor Swift

ANSWERS: 1. Selena Gomez, **2.** Taylor Swift, **3.** Halle Bailey, **4.** Lizzo, **5.** Billie Eilish, **6.** Dove Cameron

Long-distance BESTIES

What happens when your bestie changes schools, or even worse, moves town? Here's how to stay connected - like two peas in a pod!



KEEP CONNECTED

Just because you don't see each other as often anymore, it doesn't mean you can't maintain your ultra-tight bond. It just means you both have to put in a little more work now. The key to this is staying in touch, but the good news is, that's super easy!

Visits

The best thing about having a long-distance bestie is that you get to see each other in the holidays! If possible, take turns visiting each other's homes, meet their new friends and have a great time. You may not see each other often, but that's what makes these moments sah spesh!

Get chatting

Ask your 'rents if you can borrow their email or use one of their online accounts. It's a great way to send messages and things likes vids, photos and funny memes to your bestie, even fam members. Miss their face? Set up a video call! For something extra spesh, send each other handwritten letters and postcards.

DO

- Remember all the fab things about your bestie that make you smile.
- Think about how she's feeling too, at least you've got your other pals!
- Chat it out with your 'rents or teacher if you're feeling down.
- Make the most of your extra free time to get to know the peeps in your class!

DON'T

- Get angry at your friend for 'deserting' you - chances are, it wasn't her decision to make.
- Try to find a replacement BFF right away. It takes time to build a super-close bond like the one you share.
- Get jealous when your mate tells you all about her fab new friends. Instead, be super happy for her!

Send your bestie a shout-out!

This is where **TG** can help. Send a shout-out by writing a spesh letter or email for Girl Talk and it could be published in the mag. You could even draw a picture of her, or her fave thing, for Creative Corner. Wanna message quick? Head to **totalgirl.com.au** and send her a virtual shout-out through our website!

After school

If your bestie changed schools but still lives in the same area, then you can DEFINITELY still hang out. Sign up for an after-school activity like dance lessons or an art class together, that way you are guaranteed to see each other every week. Doing something you both absolutely love toegther will actually bring you two even closer!

Barbie dress-up party

Which look would you rock? Find your style below!

Sweet and preppy

Top left, clockwise: Zara Kids ribbed T-shirt, $23.95. BIG W pink pleated skirt, $18. Shein girls faux pearl Mary Jane shoes, $24.95.

Fun and sporty

Top left, clockwise: Nike @ The Iconic kids cap, $30. H&M fluffy cardigan, $34.99. BIG W girls flare jeans, $25 .

Retro cosy

Top left, clockwise: Cotton On Kids Barbie fleece, $34.99. Boden girls denim skirt, $50. Zara Kids high top sneakers, $65.95.

STYLING ELENI MOUTEVELIS

Fashionista Barbie

Top left, clockwise: Colette by Colette Hayman pink hair slides (2 pack), $9.99. Bardot Junior @ David Jones Stefania mini bow dress, $139.99. Zara Kids ballet flats, $55.95.

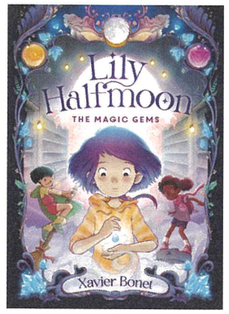
GRIT
YOU COULD SCORE:
A GRIT ELITE SCOOTER

5 TO WIN!

CODE WORD: STUNT

ALLEN & UNWIN
YOU COULD SCORE:
A COPY OF *THE MAGIC GEMS: LILY HALFMOON*

30 TO WIN!



CODE WORD: GEMS

A&U

TRILBY MOFFAT
YOU COULD SCORE:
A TRILBY MOFFAT BOOK PACK

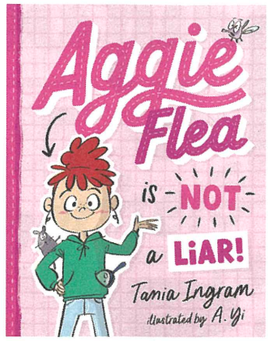
15 TO WIN!

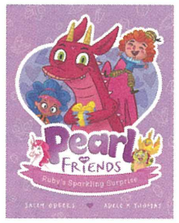
LOTHIAN Children's Books

CODE WORD: MYSTERY

SCHOLASTIC
YOU COULD SCORE:
A SCHOLASTIC BOOK PACK

28 TO WIN!





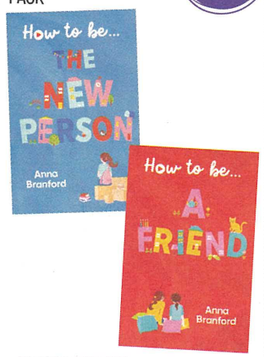
CODE WORD: ADVENTURE

SCHOLASTIC

Total Girl COMPS CLUB

HOW TO BE...
YOU COULD SCORE:
A *HOW TO BE...* BOOK PACK

16 TO WIN!



WALKER BOOKS

CODE WORD: FRIENDSHIP

CODE CAMP
YOU COULD SCORE:
A $250 CODE CAMP VOUCHER

2 TO WIN!

CODE WORD: EPIC

AUSTRALIAN GEOGRAPHIC
YOU COULD SCORE:
AN AUSTRALIAN GEOGRAPHIC *DEADLY SCIENCE* BOOK PACK

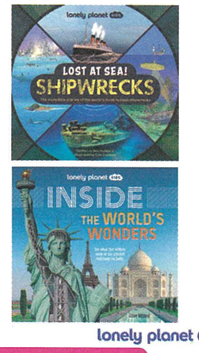
10 TO WIN!

CODE WORD: DISCOVER

Australian GEOGRAPHIC

LONELY PLANET KIDS
YOU COULD SCORE:
A LONELY PLANET KIDS BOOK PACK

9 TO WIN!



lonely planet KIDS

CODE WORD: EXPLORE

VTECH
YOU COULD SCORE:
A KIDIZOOM SMARTWATCH MAX

5 TO WIN!

CODE WORD: STYLISH

vtech

SHIMMER 'N SPARKLE
YOU COULD SCORE:
A SHIMMER 'N SPARKLE PRZE PACK

5 TO WIN!

CODE WORD: SPARKLING

NANOLEAF

YOU COULD SCORE:
A NANOLEAF 4D SCREEN MIRROR + LIGHTSTRIP KIT (TVS & MONITORS UP TO 65")

5 TO WIN!

CODE WORD: BEYOND

nanoleaf®

CABBAGE PATCH KIDS

YOU COULD SCORE:
A CABBAGE PATCH KIDS 14" DOLL

6 TO WIN!

* style will be randomly selected

CODE WORD: ADORABLE

ENTER COMPS CLUB ONLINE AT:

totalgirl.com.au

Click through to the comps section and enter the code word for the prize you want to win.

DON'T FORGET TO ANSWER THE QUESTION:

In 25 words or less, which real people or fictional characters would be in your dream squad and why?

Entrants must be 16 years of age or younger and have parent/guardian permission to enter. Entry is open to Australian and New Zealand residents. One entry per email address only. Competition opens 14/08/23 09:00 AEST & closes 12/10/23 17:00 AEDT. This is a game of skill, winners judged at Promoter's premises 13/10/23 11:00 AEST. The judge's decision is final and no further correspondence will be entered into. Winners will be published at www.totalgirl.com.au by 20/10/2023. Total prize value up to $7,809.56. The Promoter is nextmedia Pty Ltd, Locked Bag 5555, St Leonards NSW 1590 (ABN 84 128 805 970). Visit www.totalgirl.com.au for full terms & conditions. Being under 16 years of age, you must give this Privacy Statement to your parent/guardian and have their permission to enter. nextmedia Pty Ltd collects personal information for the purpose of running this competition (including choosing and notifying winners), and providing you with information relating to our products and services. nextmedia will handle your personal information in accordance with the Privacy Policy available on our website at www.nextmedia.com.au/privacy-policy/. We will not share your information with another party without your express consent, and will always provide you with the ability to opt out of any communications you receive.

Need to reach out? Email **tgcomps@nextmedia.com.au** with any queries!

Totally Inspired

TURN THE PAGE FOR THE RECIPE!

TG Superhero Biscuits

Makes 22

WHAT YOU NEED:

- ★ 200g unsalted butter, at room temperature, chopped
- ★ ½ cup icing sugar mixture
- ★ 1 teaspoon vanilla extract
- ★ 1 egg
- ★ 2 ½ cups plain flour
- ★ Pink Writing Icing pen and pink sprinkles, to decorate

Ask an adult for help!

WHAT TO DO:

1. Preheat fan forced oven to 160°C. Grease and line three oven trays with baking paper.
2. Beat butter, sugar and vanilla in a small bowl with an electric mixer until light and fluffy. Add egg. Beat until combined. Transfer to a large bowl.
3. Add sifted flour. Stir until mixture comes together. Turn out onto a clean bench. Divide into two equal portions. Shape each portion into a round. Wrap in plastic wrap. Refrigerate for 30 minutes, or until firm enough to roll out.
4. One at a time, roll out each portion of dough between two sheets of baking paper until ½cm thick. Using a 7cm square cutter, cut out 22 shapes, pressing unused dough together and re-roll.
5. Using a small knife, cut one corner from each square to make a shield shape. Place on prepared trays, 3cm apart.
6. Ask an adult to help you put trays in oven. Cook for about 15 to 18 minutes, or until lightly golden. Stand for five minutes on trays before transferring to a wire rack to cool.
7. Decorate biscuits with edible Writing Icing gel and pink sprinkles.

Biscuits can be made up to one week ahead. Store in an airtight container.

TG tip
We found that acrylic paint works best and balancing the jar upside down on its top made it easier to paint!

Fab fruity planters

Splash into spring with these bright pineapple and watermelon planters!

WHAT YOU NEED:

- ★ 2 small glass jars
- ★ Paint in yellow, white, green, red or pink
- ★ Regular paintbrush
- ★ Thin paintbrush
- ★ Newspaper
- ★ Black permanent marker
- ★ Masking tape
- ★ Gloss

WHAT TO DO:

1. Remove any labels on the jars so the surface is smooth.
2. For the pineapple jar, paint a few coats of yellow and leave to dry.

3. When dry, use the thin brush to paint white parallel diagonal lines in 1 direction over the yellow. Let this dry.
4. Using the top of those lines as your starting points, paint another set of parallel lines going in the opposite direction. Let this dry.

5. For the watermelon jar, decide where you want the green rind to start and wrap masking tape around the jar to mark it. Paint the section above the masking tape pink or red. Don't worry if you get paint on the tape – it's there to stop the paint from getting into the rind area.

6. Allow to fully dry, then slowly peel the tape off. Paint the remaining section of the jar green.
7. Once dry, grab your permanent marker and draw on the seeds.
8. Coat the 2 jars with gloss to seal the paint. Leave them to dry overnight. Once ready, pop some potting soil into the jars and transfer your plants in!

PROJECT BY ANGELA LEE

Make room for your room

Your space needing some revamping? DIYS to the rescue!

Ask an adult for help!

Reminder board

WHAT YOU NEED

- ★ Crafters Choice Square Placemat 25cmx25cm
- ★ Printed Scrapbooking Paper - 12"x12"
- ★ 3 Wooden Pegs
- ★ Spray Paint (we chose purple)
- ★ Gems
- ★ Embellishments - Flowers & Butterflies
- ★ Stick on Lettering
- ★ Double Sided Tape
- ★ Small Sharp Scissors
- ★ PVA Glue

WHAT TO DO

Step 1: Stick the double-sided tape around the outside edge of the placemat. Place the paper on top of the placemat and stick it down. There will be overhanging paper, trim with sharp scissors.

Step 2: Spray the pegs with spray paint. Let it dry. Paint the top of the pegs with a coat of PVA Glue. While it is wet, dip it into the glitter.

Step 3: Stick on the lettering. Then, using the PVA Glue, glue on the pegs, gems, flowers and butterflies.

Tie-dye pillowcase

WHAT YOU NEED

- ★ White Pillowcase - washed and dried
- ★ 'Rit' Dye Powder – Fuchsia & Purple
- ★ 2 Clear Sauce Bottle - approximately 480mL each
- ★ 2 cups Water x 2
- ★ ½ cup of Salt x 2
- ★ Funnel
- ★ Metal Spoon
- ★ Elastic Bands - different thicknesses
- ★ Bucket
- ★ Plastic Gloves

WHAT TO DO

Step 1: Put on the gloves. In a pot, add the fuchsia powder, 2 cups of water & ½ cup of salt. Bring to a boil and stir until all the ingredients have dissolved. Once cooled, place the funnel in the sauce bottle and screw on the lid. Repeat for the purple dye. Make sure you wash the funnel & pot after each use.

Step 2: Wet the pillowcase in cold water and scrunch it into a ball. Put the elastic bands around the ball, placing them in different directions.

Step 3: Place the ball into the bucket and squeeze the fuchsia dye all over it. Turn it as you go. You will probably only use 1/3 of the dye. Leave this in the bucket for 30-45 minutes.

Step 4: Take off the elastic bands and rinse the pillowcase under cold water until the water runs clear.

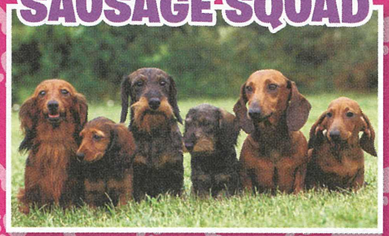
Step 5: Scrunch the pillowcase back up. This time, make sure white parts are showing. Put the elastic bands around the ball again. Repeat Steps 3 & 4 with your second dye colour. Hang pillowcase outside to dry. Leftover dye can be kept in an air tight container for a few weeks.

PROJECTS MANDY STREATFEILD

FURRY FRIENDS

Pet squads are the best kind of squads!

SAUSAGE SQUAD



OMG, Australia can add a new world record to the list - the Largest Dog Walk by a Single Breed! In June this year, a whopping 1,385 Dachshunds (more commonly known as Sausage Dogs) gathered in Elwood, Melbourne for a 1km walk. The final figure smashed the previous record (set by Beagles in England) by 300 woofers. A big feat for little feet! The event was organised to raise awareness for the charity, Devoted 2 Dachshunds Rescue. Awww, we love that they come in all shapes and sizes - from short hair, long hair, wiry hair... we're in puppy heaven!

Celeb V.I.P (Very Important Pet)
In keeping with our Super Squad theme, we know Taylor Swift has the ultimate squad - of kittens! How cute are these photos of besties Tay and Selly with Tay's kitten Benjamin Button. "Kinda missing this one," Selena captioned the photo.

PHOTOGRAPHY: INSTGRAM.COM/SELENAGOMEZ

TG's Pet of the Month!

Hi TG,
This is Honey. She loves going for a walk and she's a Tibetan Terrier x Toy Poodle. She loves the word 'treat'. Honey's super fluffy and her fave food is pig ears. Here, I put her in my school bag and carried her around!
TG reader Gracie

TG's Pet of the Month!

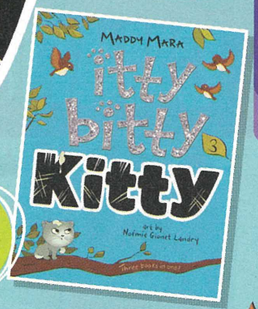
Hi TG,
I have a dog named Buddy who is seven years old, and a highland cow named Rusty who is now two!!! These two get into lots of trouble together like chasing each other around the yard.
From TG reader Sienna

WIN!

Gracie and Sienna have won a mystery book from **Total Girl**! For your chance to be **TG**'s Pet of the Month, **email: totalgirl@nextmedia.com.au** with the subject line 'Pet Gazette'. Tell us about your pet, and include a photo and your postal address in case you win a prize!

Clumsy Kitty

Oh no, Itty Bitty has scrambled up the kitty related words! Can you guess them?



Itty Bitty Kitty 3 is out August 29!

Cat law #1:

Cats are (sometimes) clumsy.

1. ATC
2. SMEOU
3. IKSHWER
4. AWP
5. WEMO
6. TILA
7. CWAL
8. CIBML
9. ETTKNI

Paw-some puzzle

Fill in the squares so each coloured paw only appears once in every row, column and box.

			2
1			
			4
3			

ANSWERS: 1. Cat, 2. Mouse, 3. Whisker, 4. Paw, 5. Meow, 6. Tail, 7. Claw, 8. Climb, 9. Kitten.

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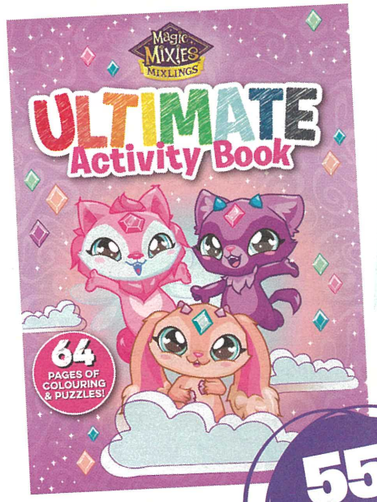
MAY 2023



55 TO BE WON!

SCHOLASTIC

EDITOR'S LETTER

Grab your super squad and have an awesome time being creative this month! This super cute Magic Mixies Mixlings prize pack is packed with adorable characters, colouring pages, fun activities and hundreds of stickers! It's the ultimate creative collection for Magic Mixies Mixlings fans! This epic prize pack could be yours if you subscribe or renew to **Total Girl** now. As a **TG** VIP, you'll also score FREE delivery of your fave mag EVERY month. Quick, don't miss out.

Rosie xo

ASTRO GIRL

We've seen the future and it's pretty rad!

VIRGO
August 23 - September 23

Happy birthday to you! Your year ahead will be just like an exciting rollercoaster. Hold on tight and enjoy the ride as the weather gets warmer and the days get longer!!

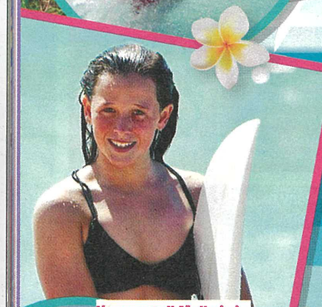
	HOME	WHAT TO EXPECT	SCHOOL	COMPATIBLE SCOPE
Libra Sep 24 - Oct 23	Phew! A missing item may soon turn up in an unexpected room of your house and you'll be absolutely jumping for joy.		Your classmates will be extra interested in what you have to say. Use this to speak up about things you care about.	
Scorpio Oct 24 - Nov 22	The stars say it's smooth sailing on the horizon. That means all aspects of your life will be pretty chill in the coming weeks.		Your friends will be asking your opinion even more than usual. Don't feel like you need to answer right away. You can think on it!	
Sagittarius Nov 23 - Dec 21	You feel frustrated with someone and can't seem to solve the problem. Talking it out with them is the only way through.		This term is shaping up to be your favourite and best yet, and one more awesome experience is just around the corner!	
Capricorn Dec 22 - Jan 20	Lots of changes are coming your way in September. You can't control them, but you can control how you react to them.		You may hear something that'll surprise or confuse you at lunch. Get all the facts before you say or do anything.	
Aquarius Jan 21 - Feb 19	A party or special occasion will have you feeling incredible for days and weeks after, while you relive all the memories.		An upcoming test is giving you tummy butterflies. Ask a friend or fam member to help you prepare and you'll feel better.	
Pisces Feb 20 - March 20	You're feeling rundown right now. Time to put your health first! Start by going to bed a little earlier every night.		Group work will give you a chance to get to know some of your classmates better. P.S. You'll make a great team!	
Aries March 21 - Apr 20	Need a confidence boost? Write a positive quote and stick it to your mirror. Read it while getting ready each morning.		Try your absolute best and don't give up! It will be the winning ticket to your school success in the coming weeks!	
Taurus April 21 - May 21	You've forgotten what it's like to be bored because of weekends full of fun! This will continue for the next four weeks.		A classmate whose name starts with a vowel is having a tough time. Try and cheer them up at lunchtime!	
Gemini May 22 - June 21	A friend could invite you along to an activity you've never tried. Even if you're shy, give it a go and watch the magic unfold!		An embarrassing moment might have you red-faced, but unexpected classmates will come rescue you. Oh hi, new friends!	
Cancer June 22 - July 22	Your energy needs to be channelled. Start a new art project, rearrange your bedroom or do a spring clean for charity.		Sooo many project and homework ideas. What to choose?! Ask your teacher which direction you should go.	
Leo July 23 - Aug 22	A furry friend (your pet or a neighbour's) will follow you around. Try and work out what they're trying to tell you!		You'll make a new bestie over the month. YAY! You'll have something cool in common, like your fave author or b'day!	
	You love being loud and heard! A shy fam member needs your help finding their voice. You'll be so proud once they do.		Your next school assembly may bring exciting news. It will have you planning your time in the light immediately.	

KEY: GOOD NEWS · BIG SURPRISE · NATURE ADVENTURE · SOCIAL CONNECTION · TRAVEL · CREATIVITY · EMBARRO MOMENT · HEALTH LIFE · GLAM FUN · CREATURE CUTENESS · LOTS OF LUCK · FRIENDSHIP GOALS

Surf's up

Meet the experts - 17-year-old Holly and 18-year-old April who are rising surf pros!

Check out April busting through the lip of that wave!



You can tell Molly is in cold water below coz she's wearing a full wetsuit!

Hey guys! When did you start surfing?
Holly: I was four. I remember sitting on the beach watching my dad surf and deciding I wanted to try. He started pushing me into the white-water waves. I've never looked back.
April: I was about five. My brother and I would take turns being pushed into waves by our Dad on a foamie (foam board). I was about seven when I started surfing by myself.

What do you love most about surfing?
April: I've always been in love with the ocean. Growing up, my family all had busy lives, and the only time we got to spend time together was on the early morning sunrise surfs. I don't have to think about anything else when I'm in the water.

Proudest moment in your surfing career so far?
Holly: Qualifying for the Australian Junior Surfing Titles, representing NSW at North Stradbroke Island, and being asked to join the Mambo Junior surf team.
April: The competition wins will always be up there. But my proudest is learning to surf out at a heavy reef break. I spent hours learning how it broke, studying how other surfers would take the wave on and educating myself on the paddle-out stops and line-up positions. I caught some of the best waves of my life and, my best wipe-outs. Getting to the level to accomplish that is my proudest moment.

You're both members of Mambo Australia's Jr. Pro Surf Team. What's the best surfing advice you've received?
Holly: Whenever you go surfing to make sure you enjoy it and have fun.
April: Never compare yourself to anyone else. Surfing is a sport that can never be perfected because the ocean will always be in control, so don't get caught up trying to outplay the ocean.

PHOTOGRAPHY MAMBO

Mind, body & soul

For these up-and-coming athletes, life is all about balance, so we asked them for advice

Taking care of your mind

When days feel tough...
"It's hard learning how to manage your mind, especially on comp days. It's normal to be nervous and anxious. Even in day-to-day life, it's OK if you don't feel like today is going how it was meant to. It's important to make time for yourself. Things I like to do is play with my bunnies, read a book, have a bath, hang out with friends and, of course, go surfing." – *April*

When there's too much pressure
"If things become too overwhelming or you're feeling things you don't know how to process, there is nothing wrong with asking for help. Write down things that make you happy. Things that make you feel like yourself - what you were doing, who you were with. Remember there is always something you can do to help manage what you are experiencing. You are never alone." – *April*

Taking care of your body

Keeping active
"Time outside in the fresh air is something I always try to prioritise. Whether it's going for a walk with friends or a run along the beach. I love staying active, and I know my body will thank me for it. Joining a local sporting club is another great way to be active with friends too. When there's no surf, I'll try to find another activity to do, such as a bike ride or swim." – *Holly*

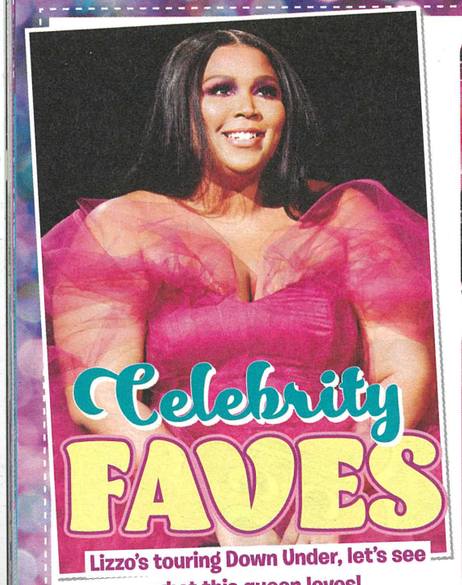
Finding what feels right for you
"Go for a walk, run or swim along the beach when the surf is flat, find a beautiful bush trail and go on an adventure. Drink lots of water and eat as healthy as possible. When your body feels good, you will feel good as well." — *April*

Want more? Keen to start surfing, or become better at the sport? Holly and April share their top training tips at totalgirl.com.au

Fuel for the soul

Take care of our planet and ocean with April's 3 tips!

1. Take 3 for the Sea is a charity that aims to reduce plastic pollution. Simply picking up rubbish and putting it in the bin can have a huge impact on the environment.
2. Reducing the use of plastics is another simple and effective way.
3. Shop wisely. Choose sustainable seafood, buy less plastic and bring a reusable bag! A little goes a long way if everyone is willing to be more mindful of their actions.



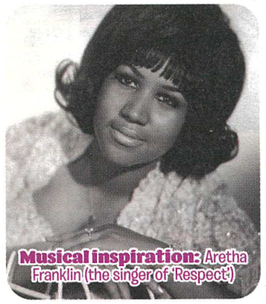
Celebrity FAVES

Lizzo's touring Down Under, let's see what this queen loves!

Celeb BFF: Harry Styles

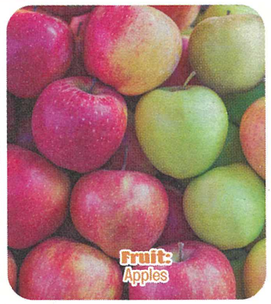
Colour: Pink

Vegan snacks: Plant-based spicy cheese puffs

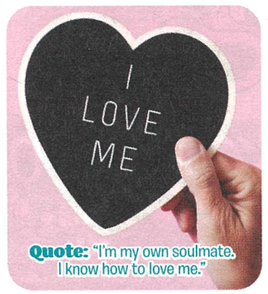


Musical inspiration: Aretha Franklin (the singer of 'Respect')

Instrument: Flute



Fruit: Apples



Quote: "I'm my own soulmate. I know how to love me."

Animated role: Lydia in *Uglydolls*

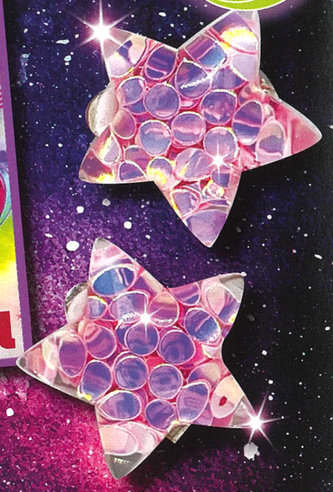
Role model: Beyonce

NEXT MONTH IN Total Girl

THE SHINE LIKE A STAR ISSUE

Free* TWINKLY STAR Clip-on Earrings

Just clip them on!



Sahhh glam!

Shine like the star you are with your very own pair of Twinkly Star Earrings. This gorgeous set has glittery confetti inside, and the best part? They're clip-on, so everyone can wear them! FREE* only with the next issue of **Total Girl**. Don't miss out!

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